

Mechanisms Underlying Low Dose γ -Ray-Induced Adaptive Responses

**Edouard Azzam
New Jersey Medical School
Newark, USA**

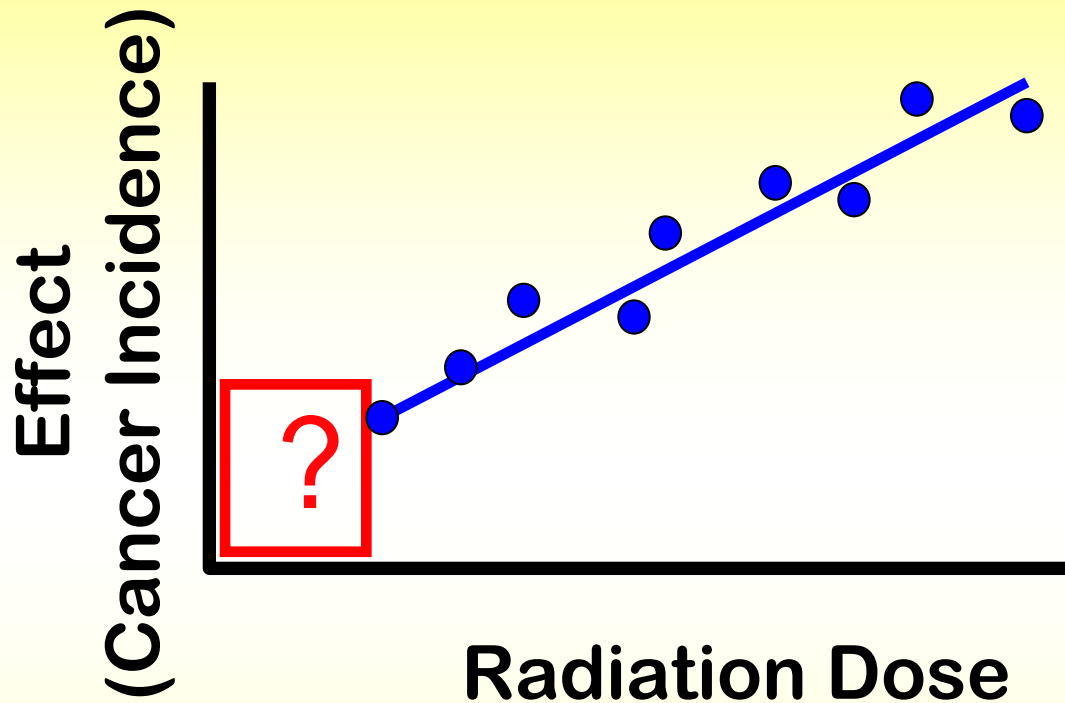
Plan:

- Evidence for adaptive responses induced by low dose/low dose-rate ^{137}Cs - γ rays in G_0/G_1 **normal human fibroblasts**
- Evidence for mediating mechanisms
- Discussion:
Biological factors modify the cellular response to energy deposition events

The frequency of human exposure to low level ionizing radiation is on the increase

Thus, the evaluation of risks for human health at low dose/low dose rates is an important issue in radiation protection

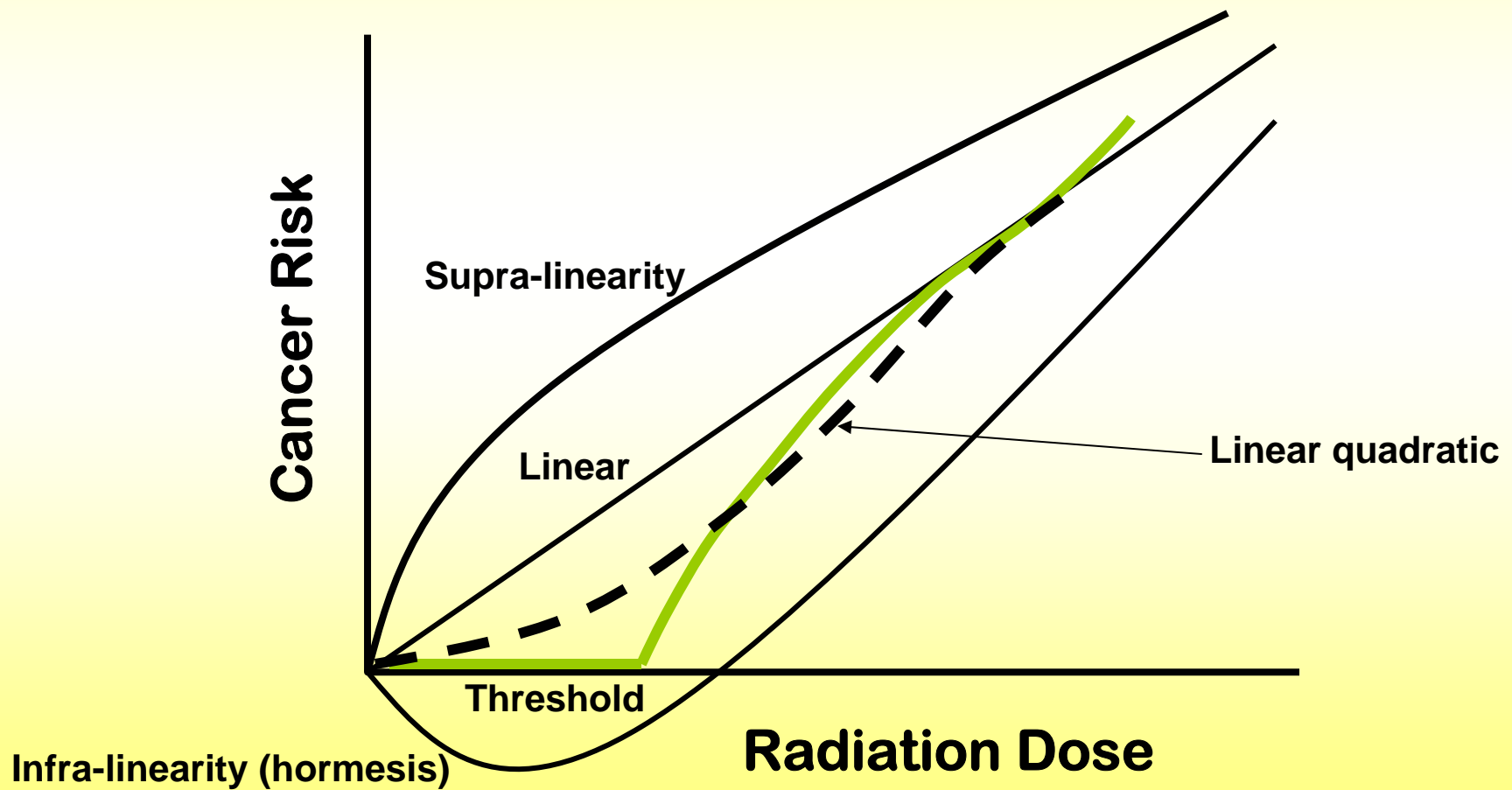
Health Risk and Dose



Japan 1945

Whereas high doses effects are well-characterized, those caused by low doses are extrapolated from effects at high dose

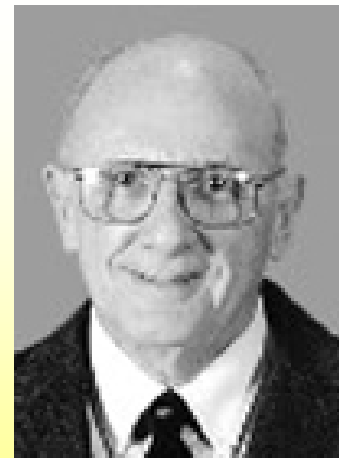
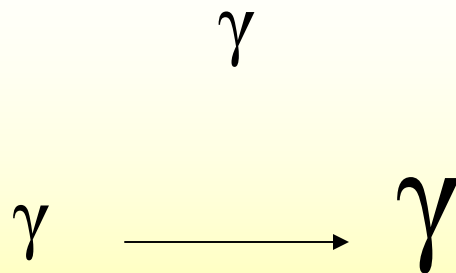
Possible extrapolations of radiation-induced cancer risk to doses where epidemiology cannot go



A BEIR VII Conclusion

Knowledge on **adaptive/hormetic responses** and their underlying **mechanisms**, which may act to alter radiation **cancer risk** was judged to be insufficient to be incorporated into modeling of epidemiological data

*The **Adaptive Response*** is a phenomenon induced by low dose/low LET radiation that protect cells and whole organisms against endogenous damage or damage due to a subsequent dose of radiation



“Adaptive response of human lymphocytes to low concentrations of radioactive thymidine”

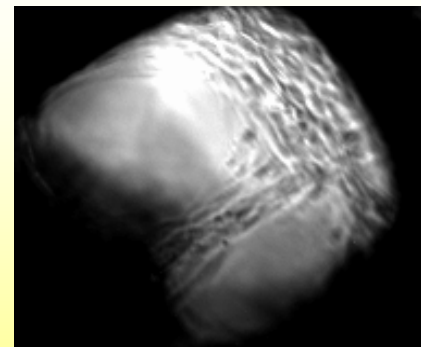
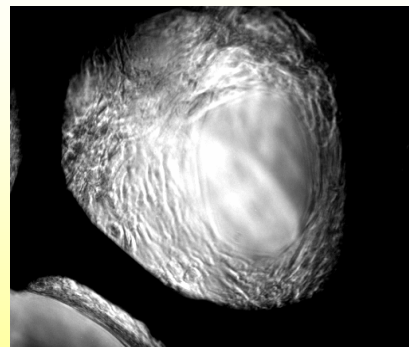
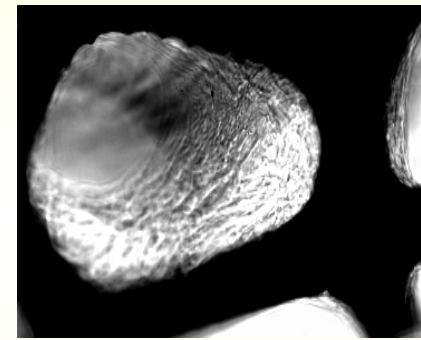
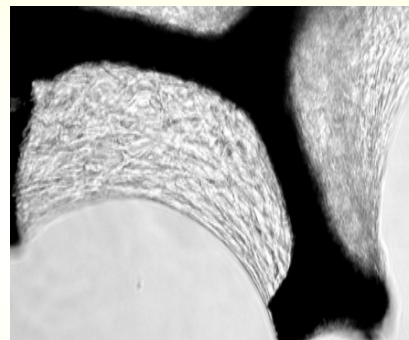
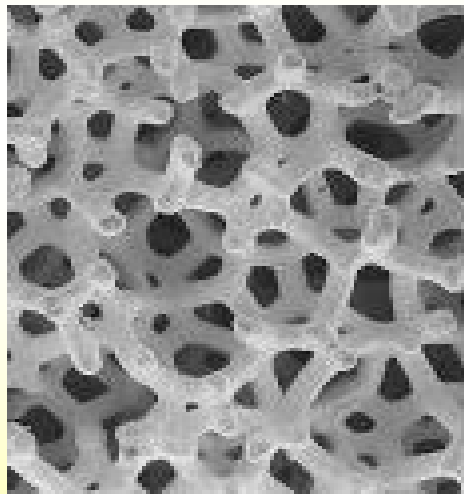
Olivieri G, Bodycote J, Wolff S.

***Science*, 223:594-7, 1984**

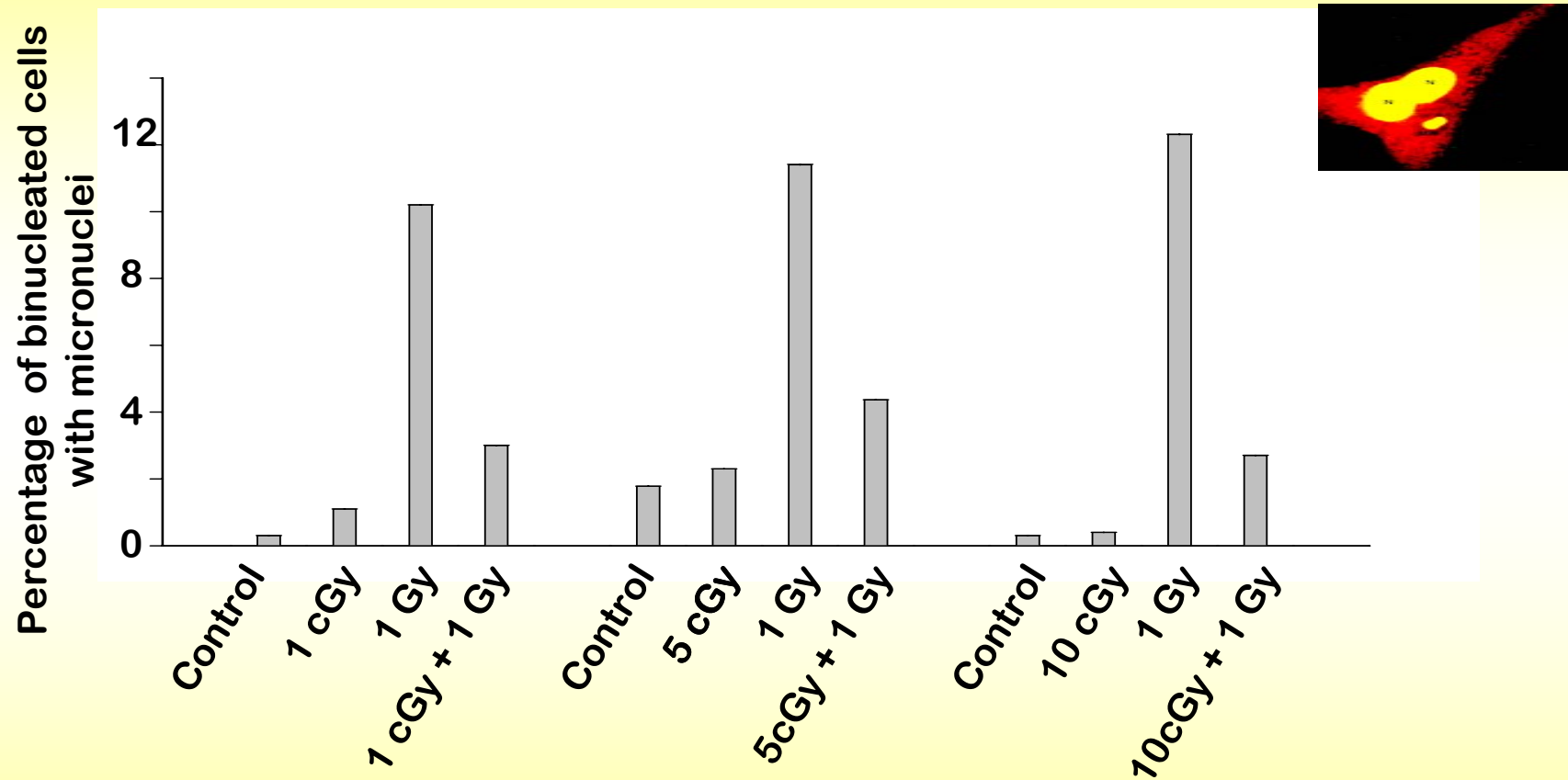
<u>Treatment</u>	<u># Genetic Lesions</u>
None	0
[³H]dThd (0.1 μCi/ml)	5
150 cGy	36
[³H]dThd (0.1 μCi/ml) + 150 cGy	13

Normal Human Fibroblasts Growing in a Three-Dimensional Architecture

(to mimic *in vivo* growth)

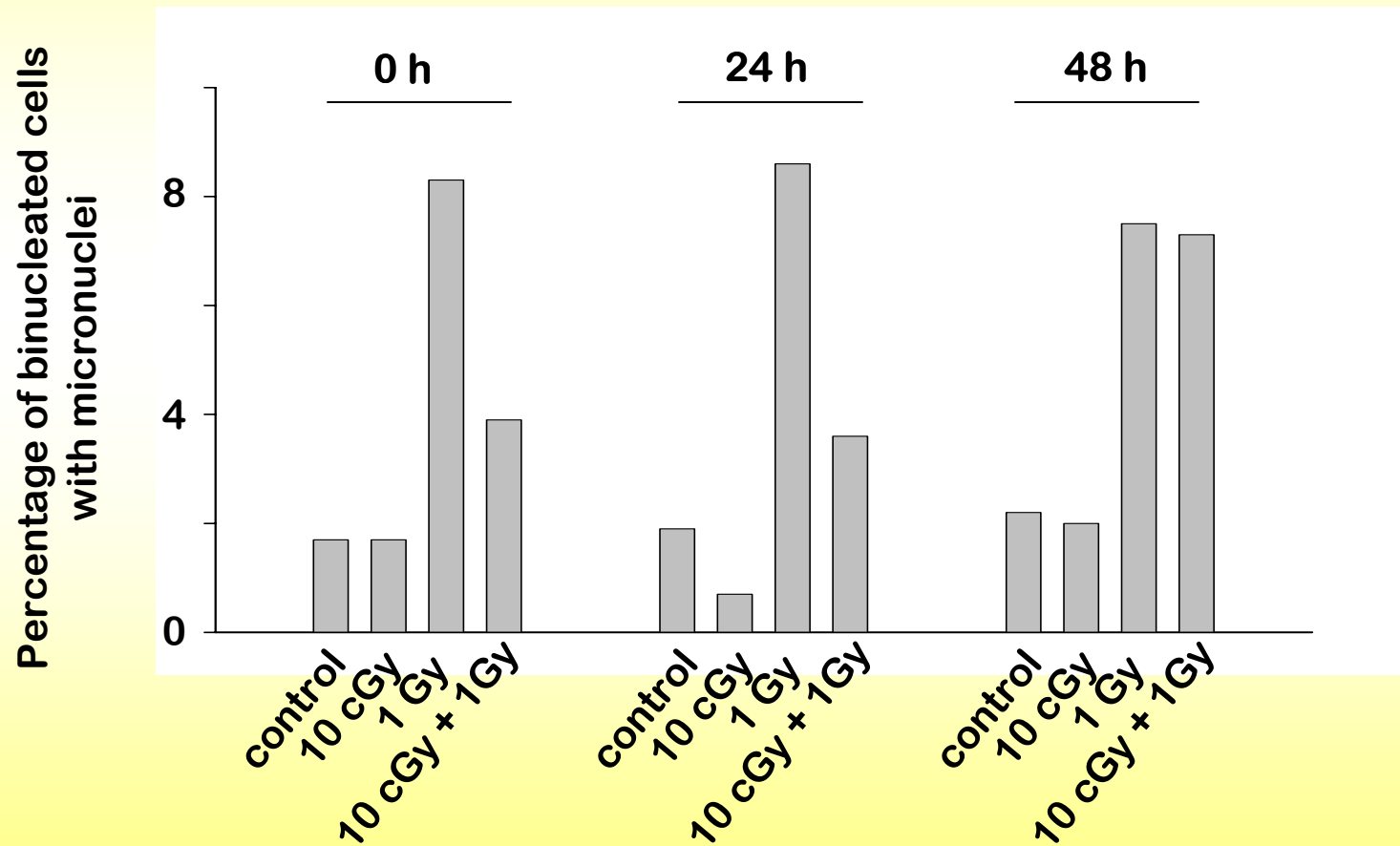


Effect of a priming dose of γ -rays (0.2 cGy/h) on modulation of the cellular response to a subsequent acute challenge dose



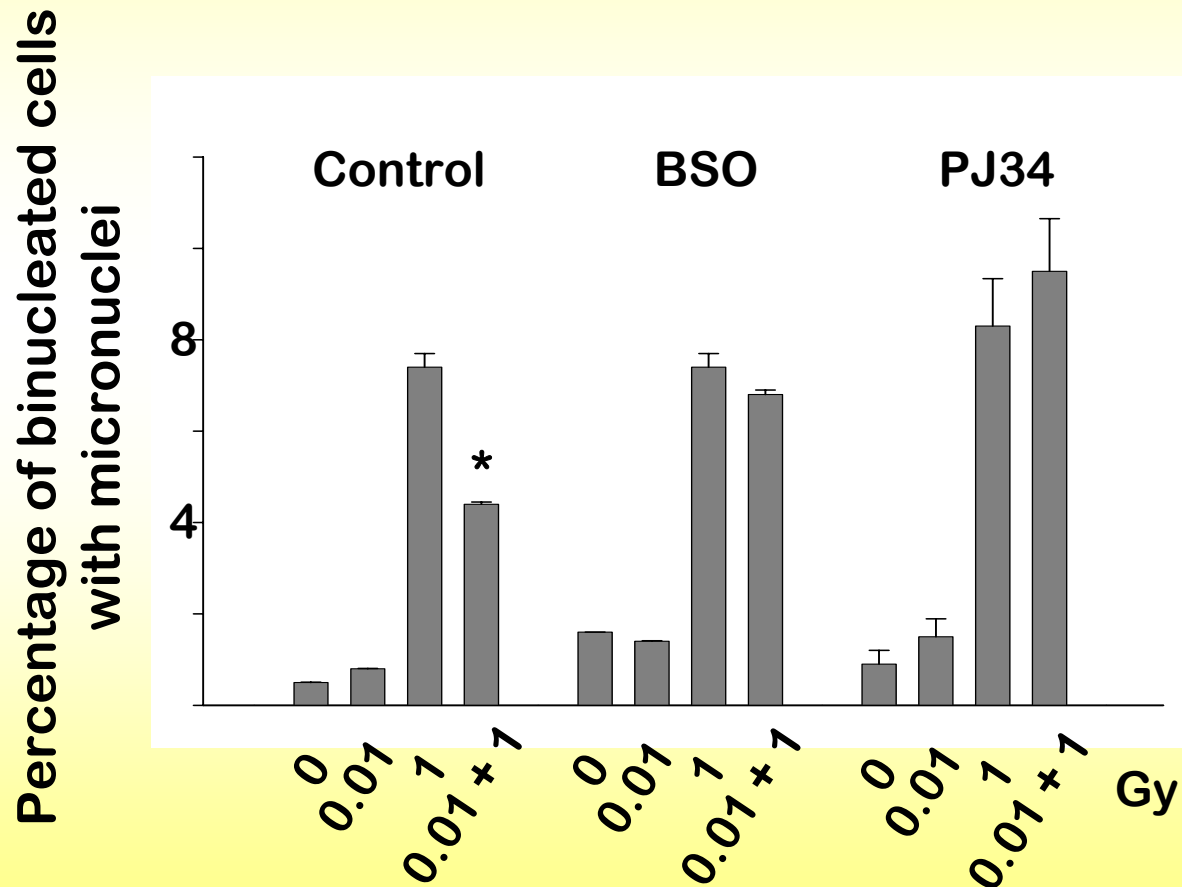
Protective responses are observed following exposure to adapting doses as low as 1 cGy

γ -ray induced adaptive responses are transient

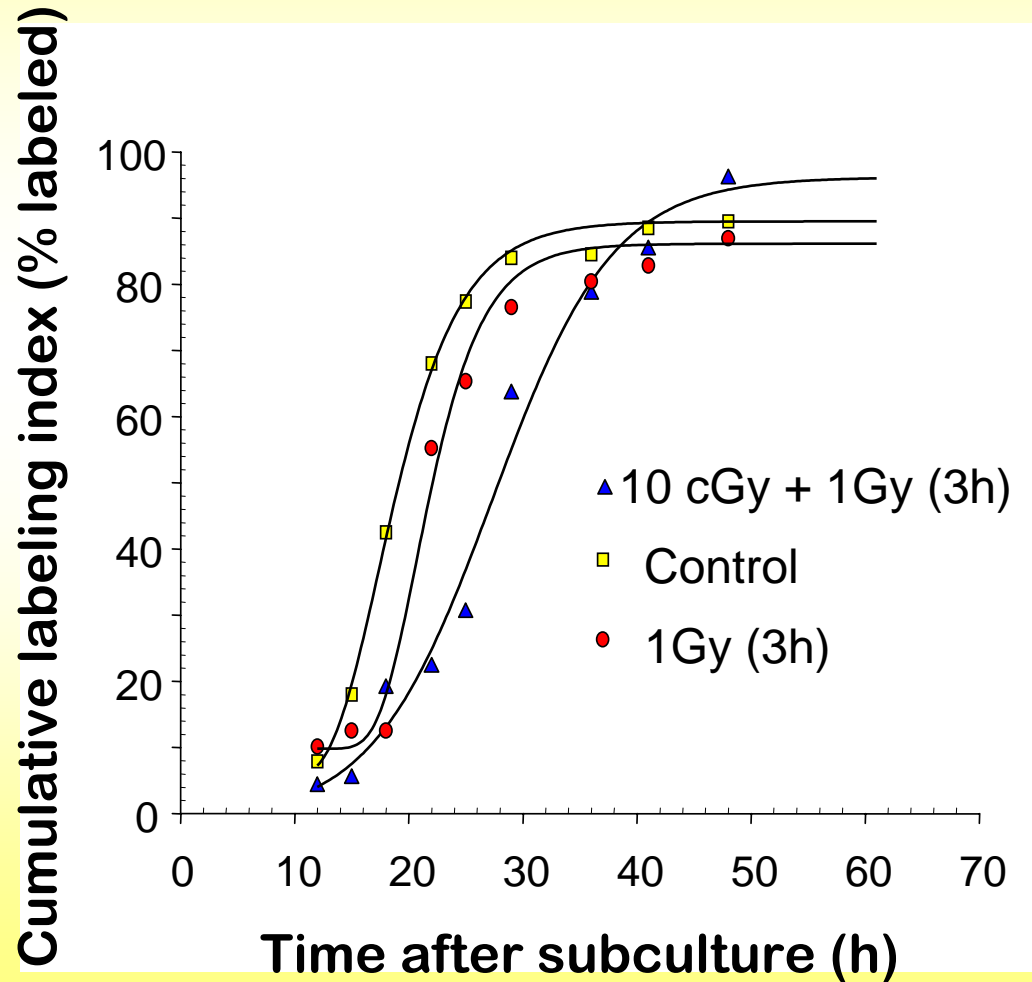
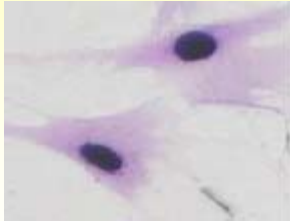


Mechanisms Underlying Low Dose γ -Ray Induced Adaptive Responses

Oxidative metabolism and DNA repair capacity mediate expression of adaptive responses induced by low dose/low dose-rate γ -rays



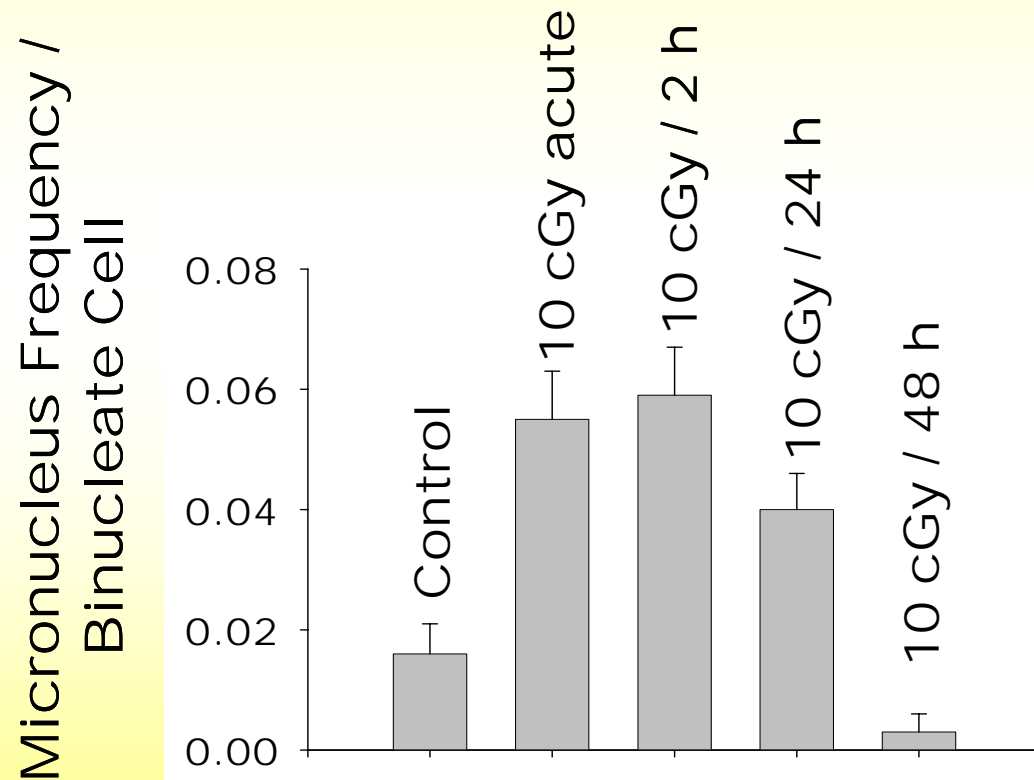
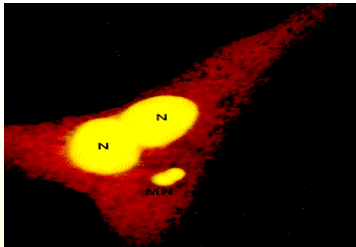
Involvement of **Cell Cycle Checkpoints** in Expression of the Adaptive Response



Other Mediating Mechanisms

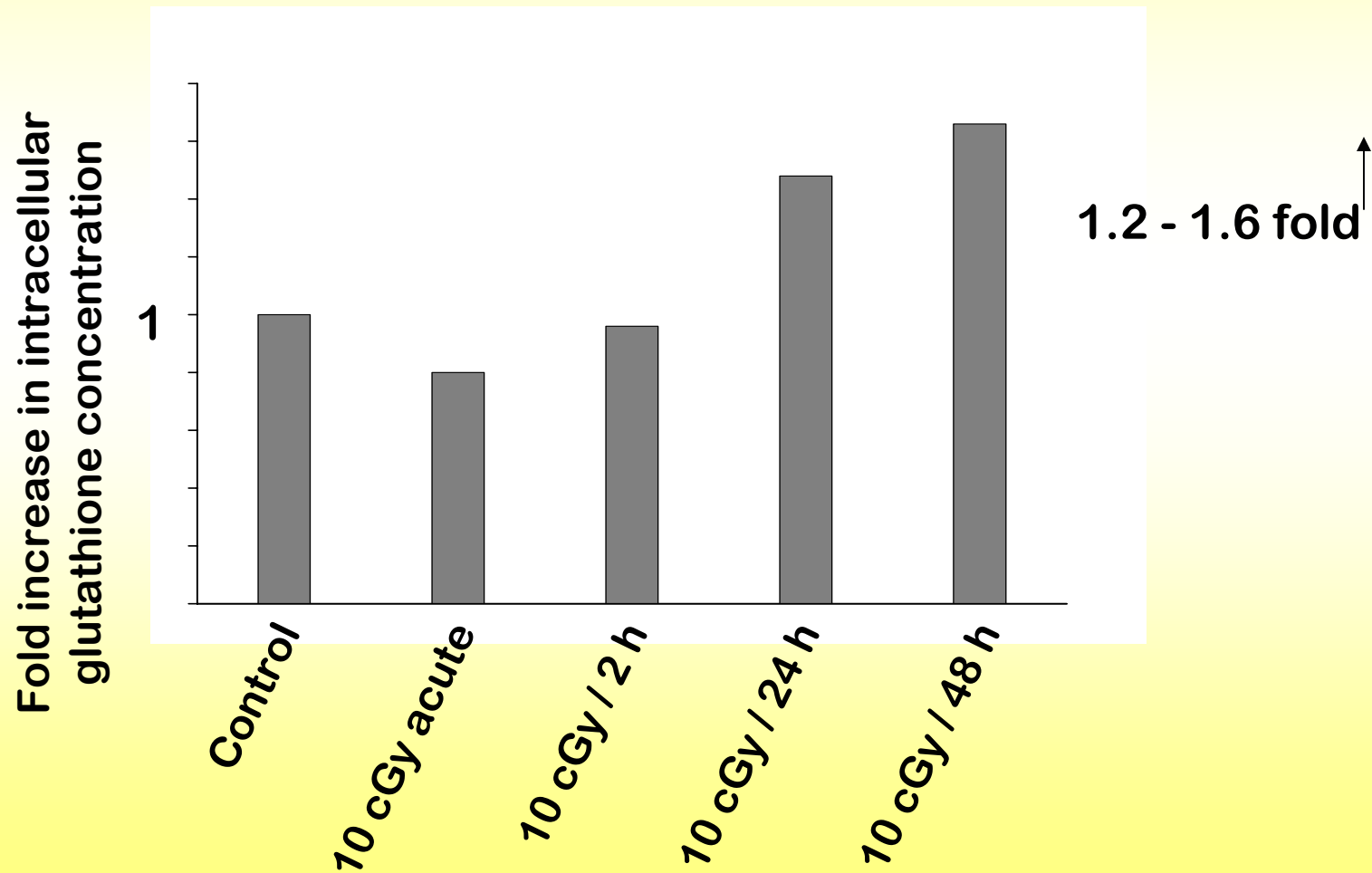
- Oxidative metabolism
- Up-regulation of DNA repair
- Induction of cell cycle checkpoints
- Intercellular communication
- Apoptosis
- Altered chromatin conformation

Effect of a Single low Dose of γ -Rays Delivered at Various **Dose-Rates** on DNA Damage in Normal Human Cells Growing in 3-D



De Toledo et al., *Rad. Res.*, 2006

The Role of Oxidative Metabolism: Exposure to Low Dose/Low Dose Rate γ -Rays Up-Regulates the Antioxidant Glutathione



Adaptive Responses and oxidative metabolism

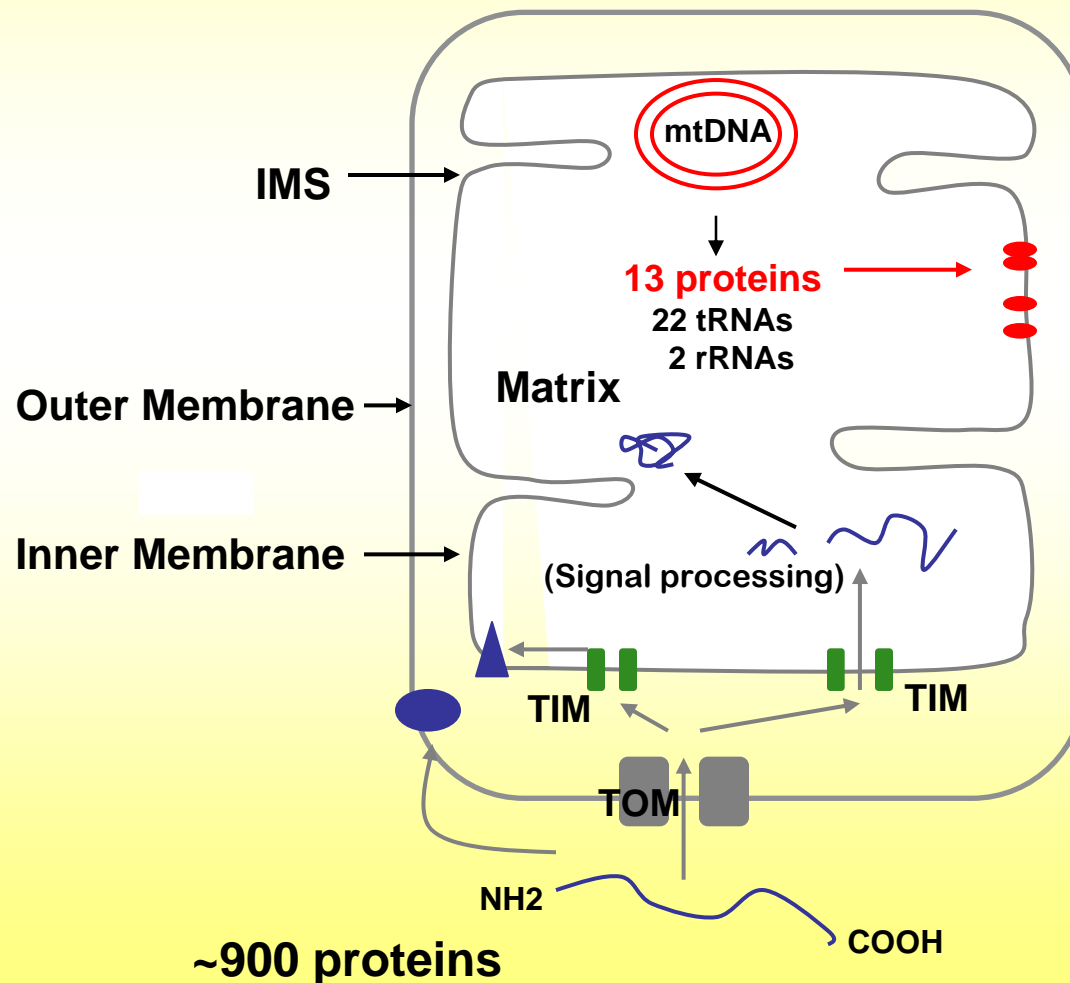
- Up-regulations of superoxide dismutase
- Up-regulation of thioredoxin
- Modulation of NF κ B

Low Dose γ -Rays and Gene Expression

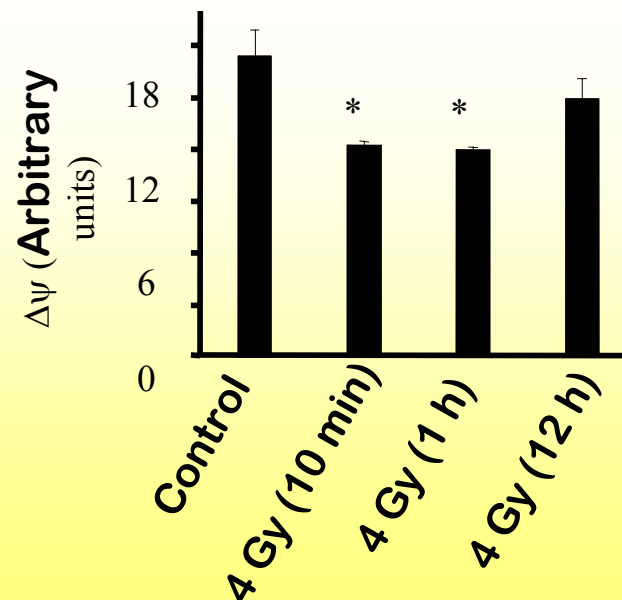
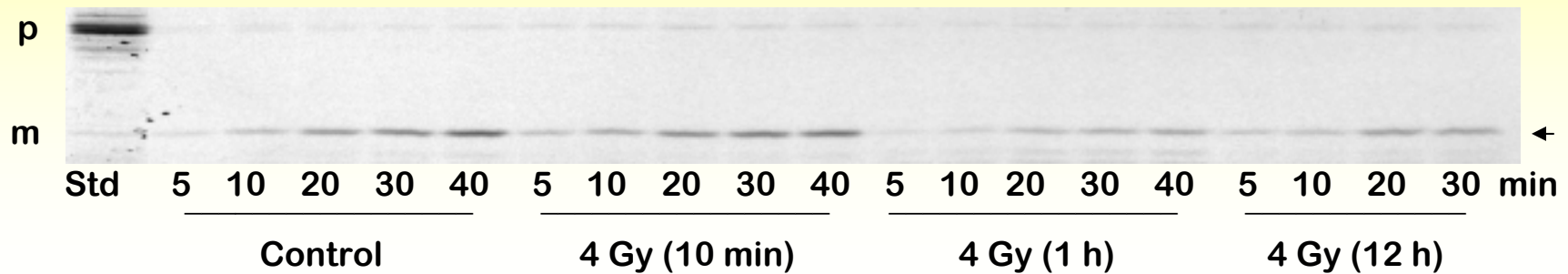
Our **cDNA microarray & proteomics** data indicate upregulation by low dose of genes related to **aa activation, translation machinery** and down-regulation of genes involved in **glycolytic pathway**

They reveal up-regulation in mitochondria of redox sensitive pro-survival proteins by low dose/low dose rate and not high dose/high dose-rate γ -rays

Low Dose γ -Rays & Modulation of mitochondrial function

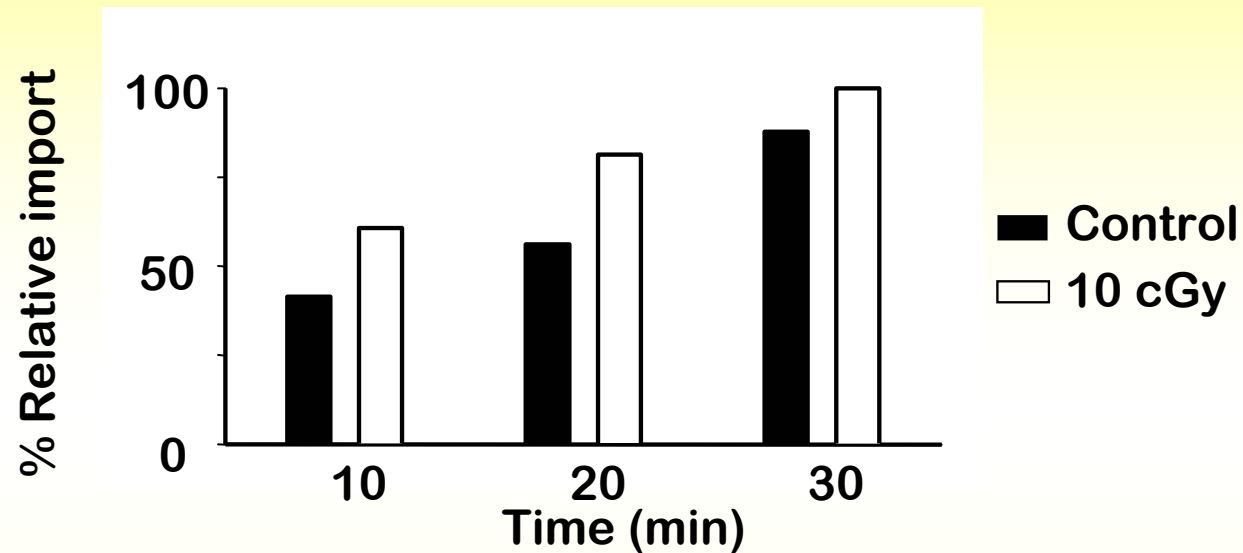


High dose γ -rays decreases mitochondrial protein import and mitochondrial membrane potential

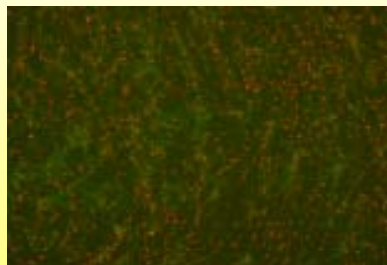


Pandey *et al.*, 2006

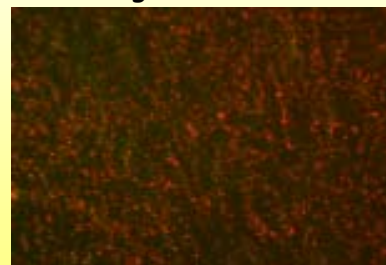
Low dose γ -rays increases mitochondrial protein import and mitochondrial membrane potential



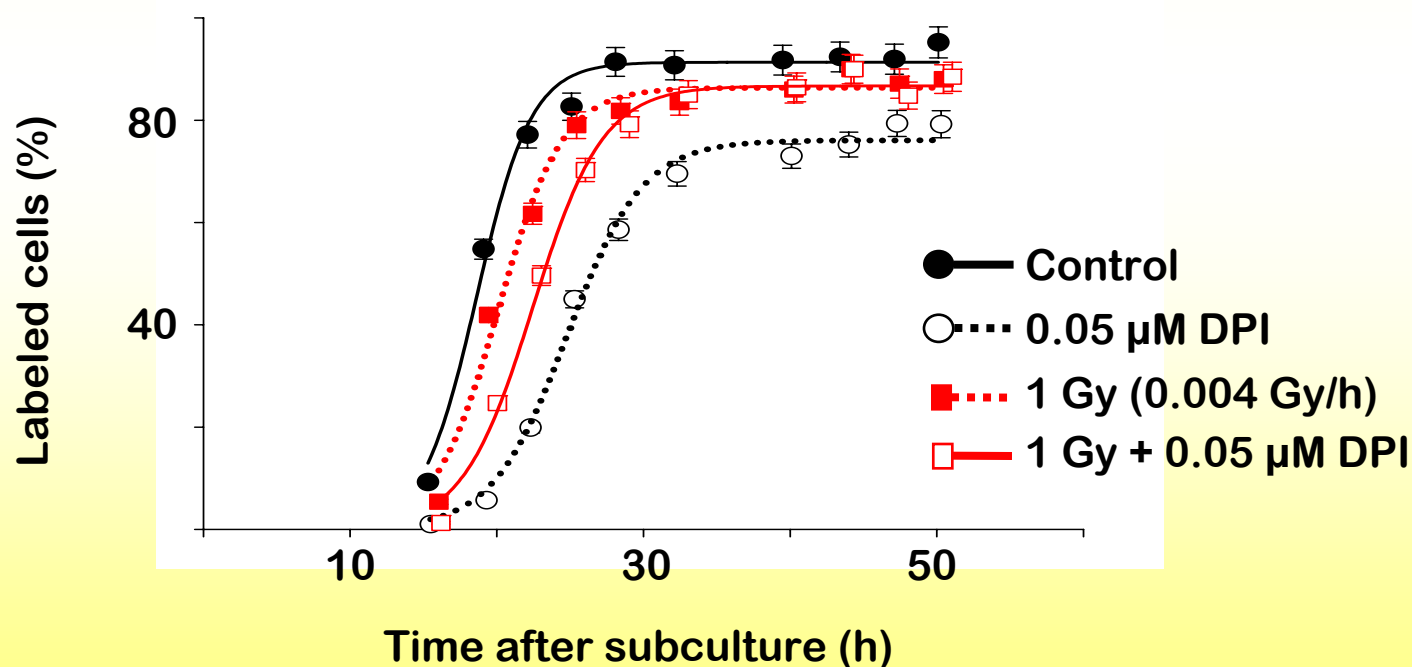
Control



10 cGy



Oxidation/reduction reactions induced by low dose rate ionizing radiation are similar to those caused by endogenous metabolism

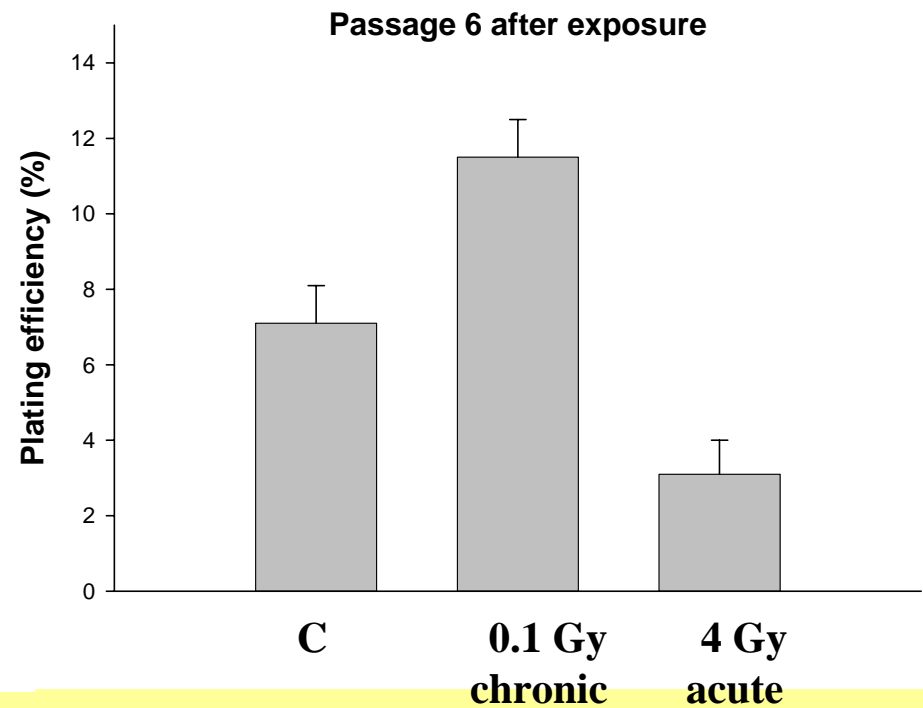
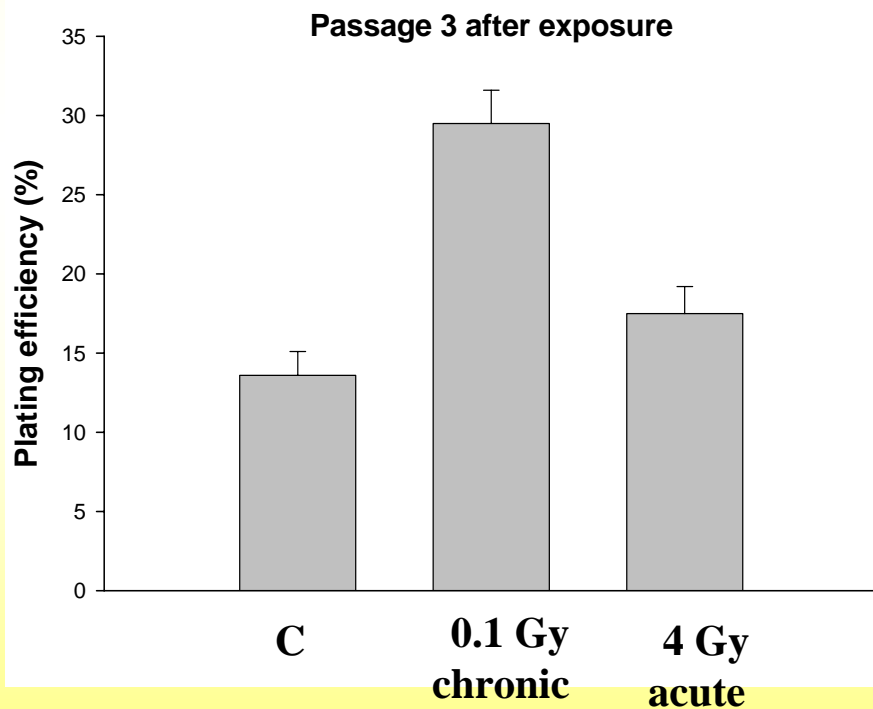


Low Dose γ -Rays and Risk

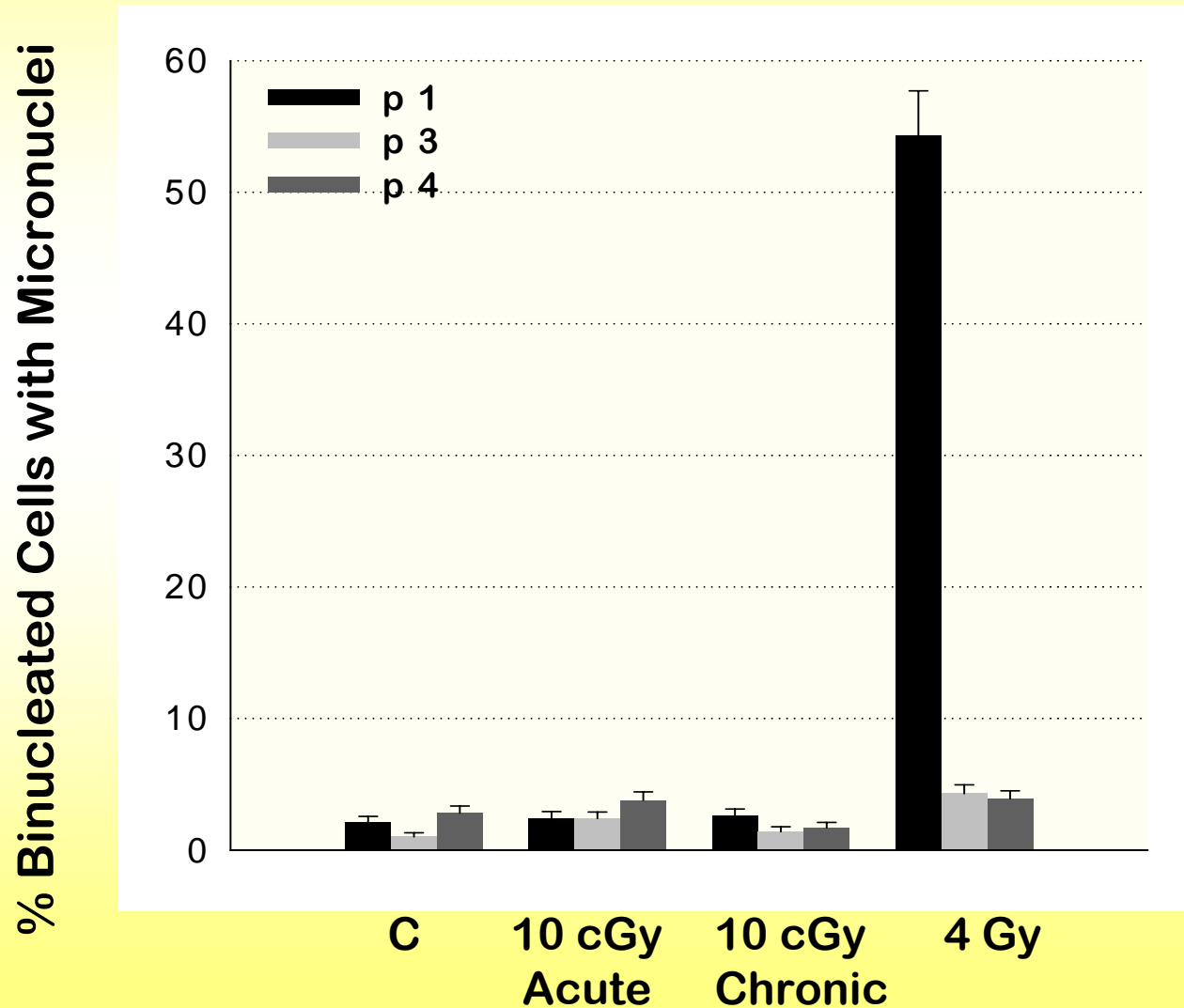
Effects in Progeny cells

Induced stress (Physiological or genetic change) is of significance to risk assessment only if it persists and is transmitted to daughter cells.

Cloning Efficiency of the Progeny of Irradiated Cells



Residual Micronuclei in Progeny of γ -Irradiated Cells



Adaptive response and Risk of Neoplastic Transformation

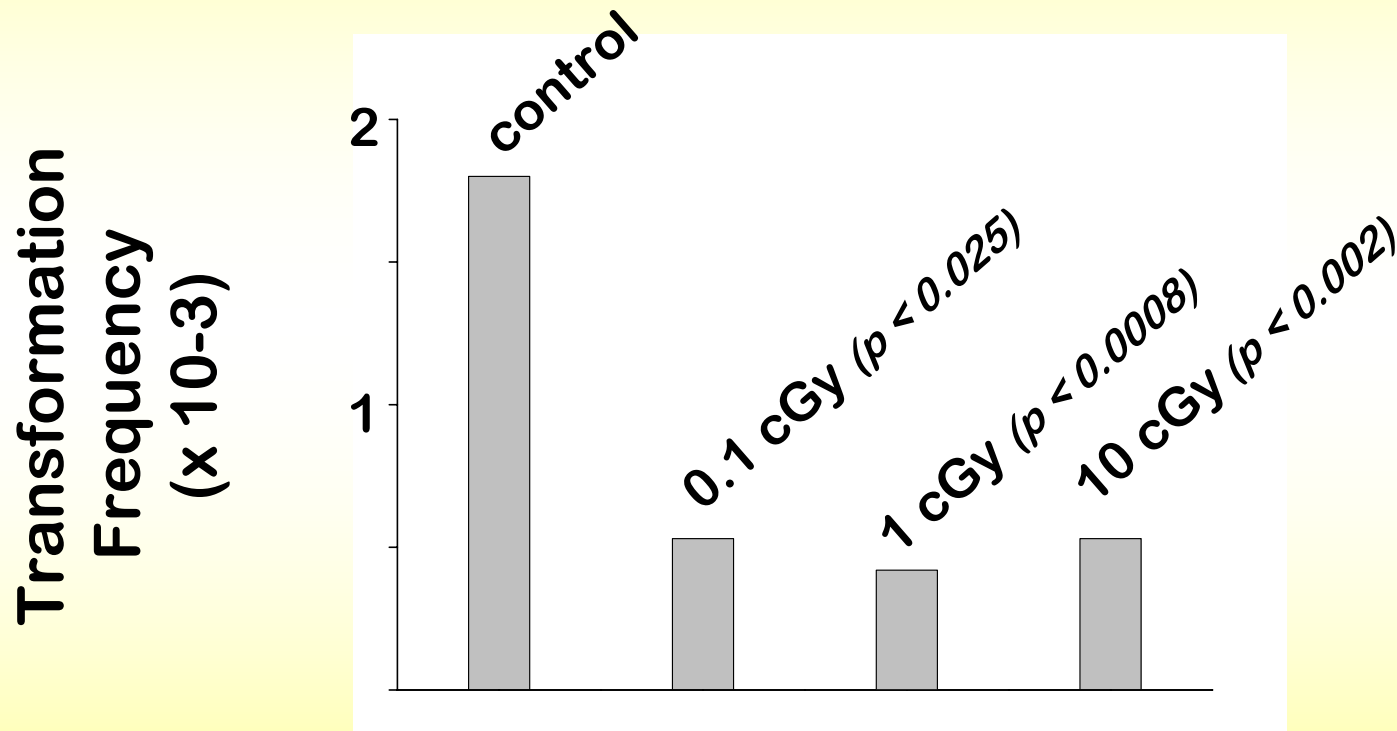
Neoplastic transformation assay using mouse embryo cells

Control

Irradiated



Low Dose γ -Rays Reduces the Spontaneous Transformation Frequency in Mouse Embryo Cells



***In vitro* adaptive responses observed for many biological endpoints:**

Chromosomal aberrations

Sister chromosome exchanges

Mutations

Gene expression

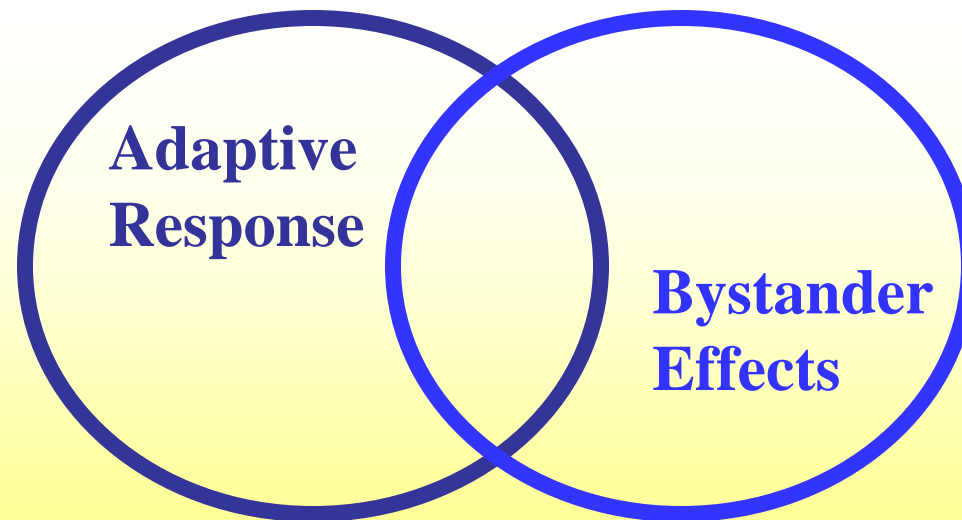
Survival

...

Often detected by multiple endpoints in the same experiment

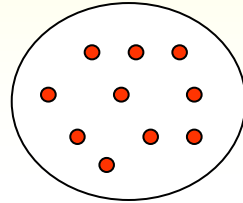
However, above observations are not universal

Propagation of ionizing radiation-induced adaptive responses from exposed to non-exposed cells

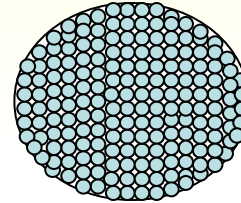


Co-Culture of tritiated-thymidine labeled cells and bystander cells

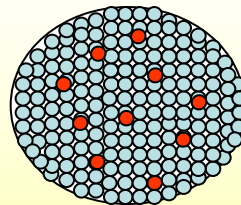
³H-Thymidine
Labeled cells



Bystander cells



Co-culture



5:95 Labeled to unlabeled

**³H-Thymidine
Concentration**
μCi/ml

0

4

0.04

**Micronucleus
Frequency**

0.012 ± 0.003

0.028 ± 0.005

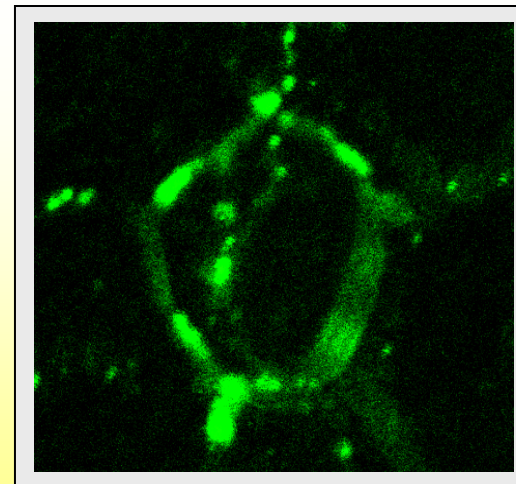
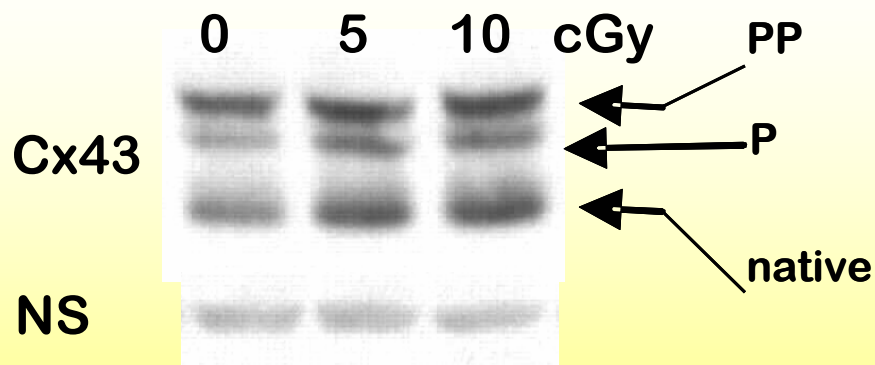
0.004 ± 0.001

**These data indicate that protective and damaging effects
can be propagated in a bystander manner**

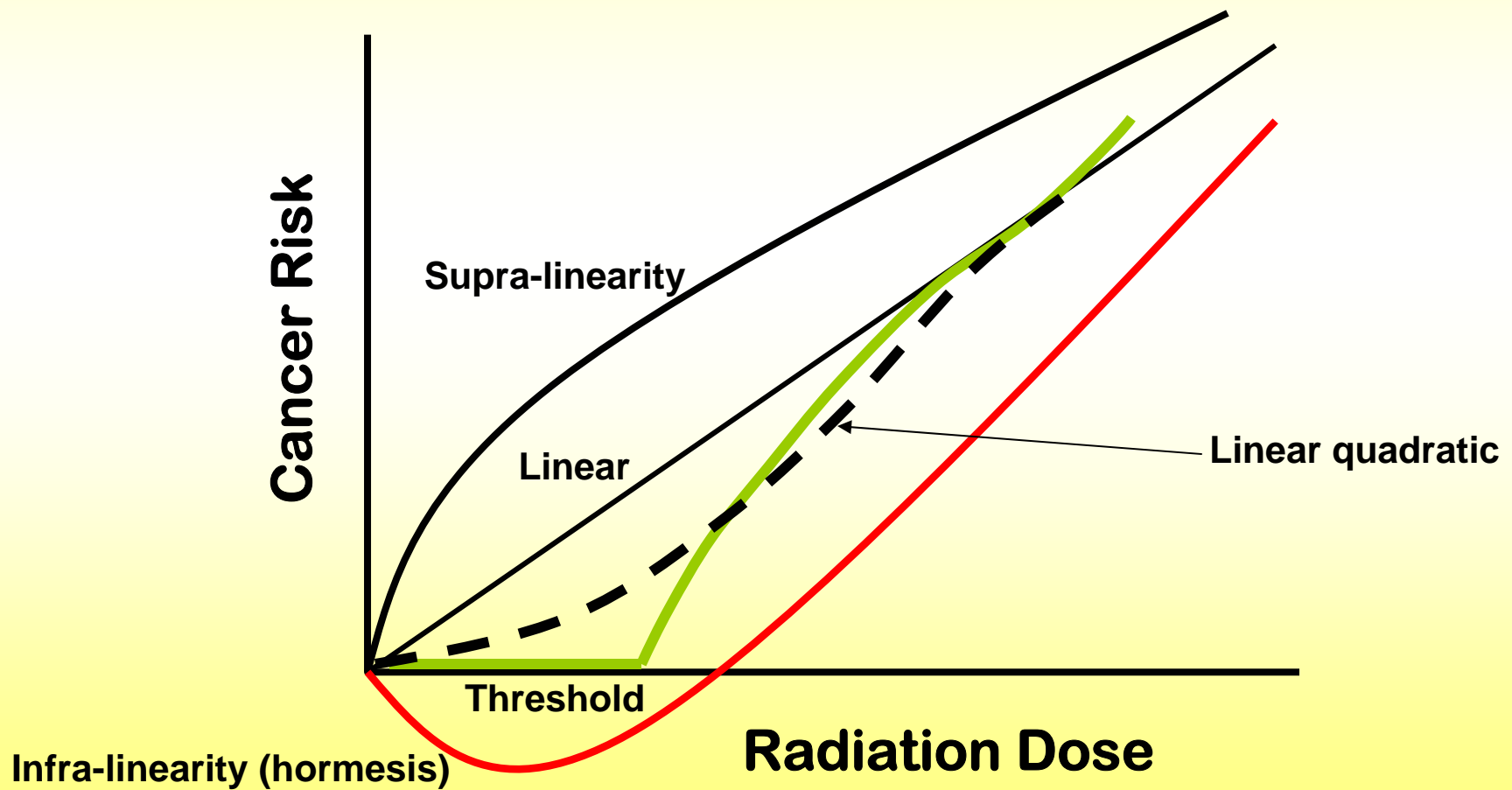
Absorbed dose seems to be a determining factor

Low Dose γ -Ray induced Adaptive Responses Correlate with Induction of Connexin 43 (a constitutive protein of gap junctions)

Up-regulated connexin43 localizes in specific membrane Regions



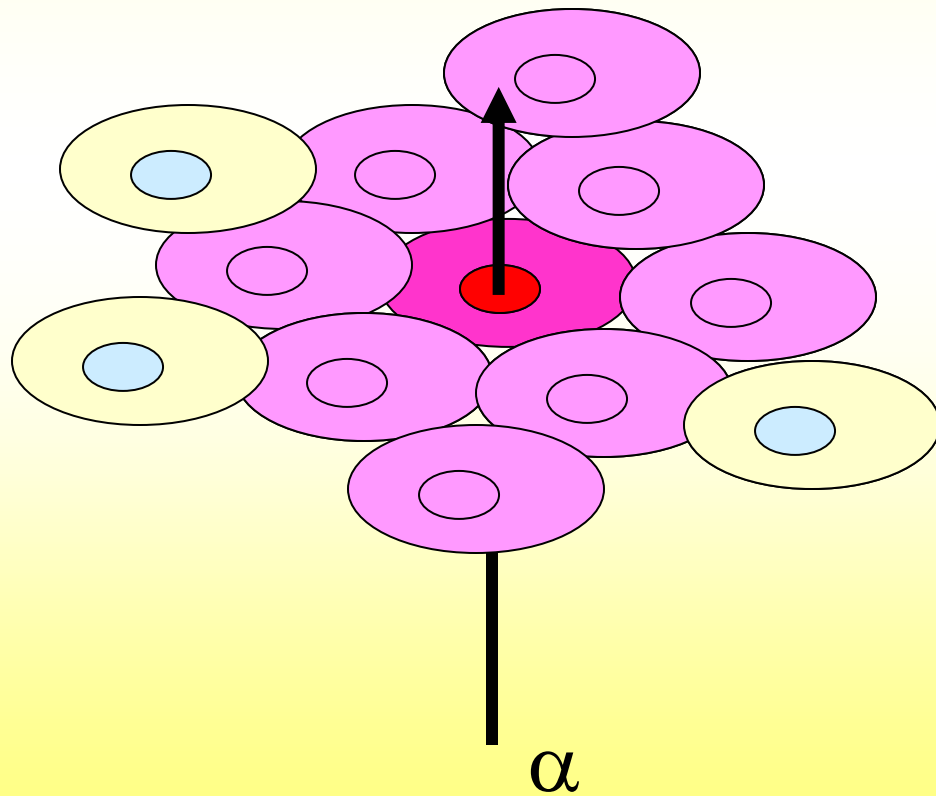
Possible extrapolations of radiation-induced cancer risk to doses where epidemiology cannot go



Biophysical argument in BEIR VII

Increases in dose simply increase the probability that a given cell in tissue will be intersected by an electron track which will have a non-zero probability of inducing a biological effect. Therefore, at these very low doses, linearity of response is almost certain

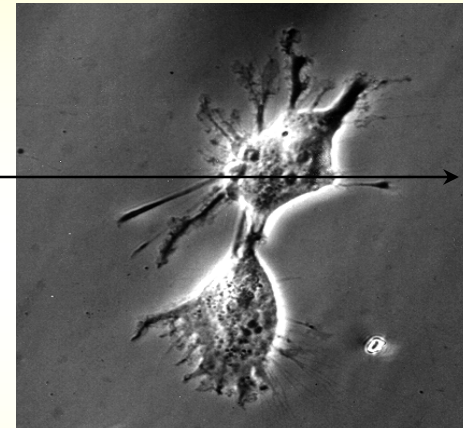
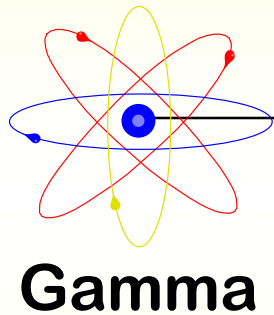
Radiation-induced bystander effect in cell cultures exposed to low fluences of α -particles



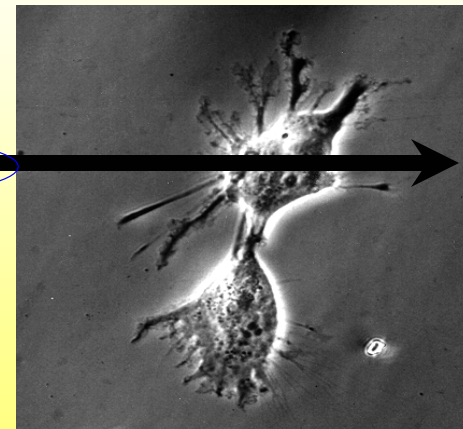
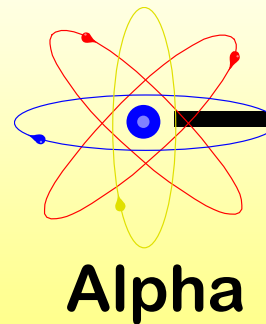
Genetic changes
Gene expression
Biochemical changes
Survival

Dosimetry

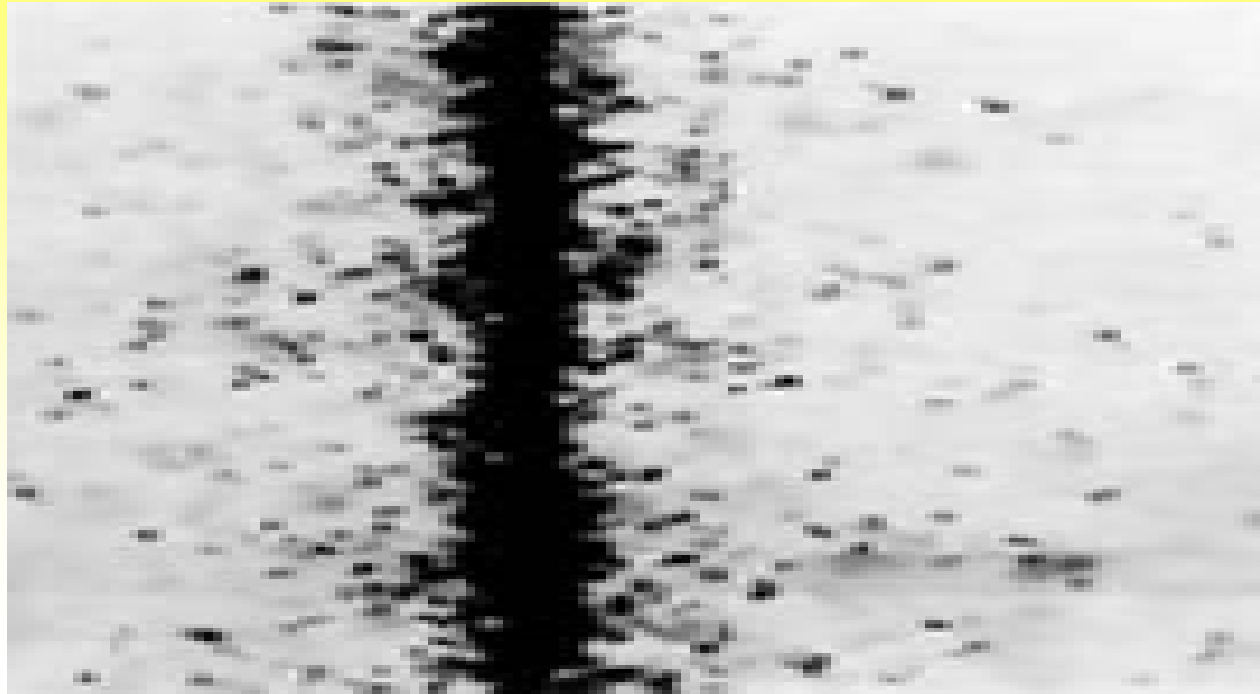
Approximate dose to the cell nucleus from a single track



~ 0.1 cGy



~ 10-70 cGy



Macroscopic dose from 1 α -particle track is ~ 0.15 Gy/ human fibroblast. The specific energy deposited in a directly hit area (e.g. nucleosome) is several dozen Grays

Cucinotta et al., 2000

Acknowledgement

John B. Little **Harvard School of Public Health**

Ron Mitchel

Peter Raaphorst **University of Ottawa**

Douglas Spitz **University of Iowa**

Ahmad Chaudhry **University of Vermont**

Jean Paul Jay-Gérin **Université de Sherbrooke**

**Roger Howell, Andrew Harris, Debkumar Pain, Badri
Pandey, P. Venkatachalam, Donna Gordon, Manuela
Buonanno, Sonia de Toledo**

New Jersey Medical School

***National Institutes of Health & U.S. Department of
Energy***